



I can - A for Attitude Team Building Skills

Kalangadoo Primary School – Kathy O’CONNELL

One Day Program

Dates: Wednesday 20th of February, 2008

Time	Activity
9.00am	Arrival at Noorla Yo-Long
9.05am – 9.15am	Introduction & Welcome Introduction & Welcome by Program Manager or Staff Member <ul style="list-style-type: none"> • Safety Management for Noorla Yo-Long • Noorla Yo-Long House Keeping Information
9.15am – 9.30am	What are you doing today? “Building Personnel Responsibility through Physical Activity” <ul style="list-style-type: none"> • Building Blocks for Team Development • A for Attitude – Attitude that brings personal change – Your choice • Self Challenge
9-30am – 10.00am	Communication Skill Development Students engage in communication designed activities, developing their skills <ul style="list-style-type: none"> • Understanding communication skills • Developing your communication Strengths • Building Self Confidence through communication
10.00am – 10.20am	Team Building Activities Students engage in various team building activities, developing their understanding of what it takes to perform in a team environment <ul style="list-style-type: none"> • What does it take to be a team member? • Team Attitude – Hoe does it effect you?
10.20am – 10.30am	Break
10.30am – 12.00	Team Building Activities Students engage in various team building activities, developing their understanding of what it takes to perform in a team environment
12.00 – 12.40pm	Lunch
12.40pm – 3.20pm	High Ropes Challenge Course Students engage in high ropes challenge course <ul style="list-style-type: none"> • How do I move out of my comfort zone? Safety Management
3.20pm – 3.30pm	Program Learning Reflection
3.30pm	Program Complete